

The Beach Club

Breakfast Menu

Served 7:00am until 11:00am

Lighter Fare

-  **Admirals Fruit Plate** **\$9**
Local Farmed Seasonal St. Lucian Fruits

-  **Rodney Bay Sunrise** **\$11**
Freshly Baked Pastries served with a Tropical Fruit Bowl

- Bakery Basket** **\$8**
Your Choice of 3 of the following: Croissant, Muffin, Danish, Toasted Bagel,
Banana Bread, Whole Wheat and White Toast served with Local Jams and Butter

- Selection of Cereal** **\$6**
Served with Whole, Low Fat, Skim, or Soy Milk

- Oats** **\$7**
Fresh cut Oats served with a Cluster of Dried Fruits and Nuts

-  **House Made Granola** **\$9**
Assortment of Oats, Dried Fruits, Nuts, Island Spices, and Honey
Served with Whole, Low Fat, Skim, or Soy Milk


The Full Affair

- Landings Breakfast** **\$15**
Two Eggs any style served with Creole Potatoes, Bacon, Sausage,
Grilled Tomato and your choice of Toast

- Creole Breakfast** **\$16**
Lucian Bakes and Salt Fish served with Fried Plantains and Salad

- Steak and Eggs** **\$16**
6 ounce Sirloin Steak served with Hash Browns
Two Eggs any style, and Baked Beans

- Eggs Florentine** **\$12**
Poached Eggs on an English Muffin served with Spinach and Hollandaise Sauce

 This symbol represents the RockResorts "Appetite for Life" program, which signifies a menu item that is created using ingredients that were purchased from local farms that use traditional St. Lucian sustainably managed methods of farming in their production. Please see your server for additional information.




*A 10% service charge will be added to your bill - Additional gratuities are at your discretion.
All prices are in US dollars and do not include 8% local taxes.*


Breakfast Burrito	\$12
Stuffed with Eggs, Ham or Sausage, Cheddar Cheese and Creole Potatoes Served with a Sweet Chili Tomato Salsa	
Three Egg Omelet	\$12
Choice of Bacon, Sausage, Ham, Cheese, Mushroom, Spinach, Tomatoes and Peppers	
Smoked Salmon	\$13
Smoked Salmon served on a Toasted Bagel with Capers, Pickled, Red Onions, and Cream Cheese	
Tropical Pancakes	\$9
Triple Decker Stacked Tropical Fruit Pancakes Served with House Made Syrup and Whipped Cream	
 Landings French Toast	\$10
Raisin Sweet Bread, Powdered Sugar, Toasted Almonds and Guava Syrup	
Cinnamon Buttered Waffle	\$11
Served with House Made Cinnamon Butter and choice of local jams	

Sides

Eggs Any Style (2)	\$5
Sausage, Ham or Bacon	\$4
Baked Beans	\$4
Creole Potatoes	\$4
Pastry, Muffin, Bagel or Toast	\$4
Seared Tomatoes	\$4
Wilted Spinach	\$4
Fruit	\$4
Assorted Individual Yogurt	\$3

Beverages

 Freshly Squeezed Fruit Juices	\$3
Coffee and Herbal Teas	\$4
 Spiced Tea	\$5
 Cocoa Tea	\$5
Espresso	\$5
Cappacino	\$6
Latte	\$6
Machiato	\$6

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